

**“PATHWAY 2 WHOLENESS”**

**WEEKLY SCHEDULE & TOPICS**

**Date: PART 1 HOW WE FUNCTION. OUR LIFE PURPOSE**

\_\_\_\_\_ Week 1- Introduction. God’s Design for a Life of Wholeness

\_\_\_\_\_ Week 2 - Why and How We Mess Up God’s Design. The Impact

**PART 2 WHOLE-PERSON HEALTH: IT’S ALL ABOUT RELATIONSHIPS**

\_\_\_\_\_ Week 3 - A Right Relationship with God: What the Bible Says (Part 1)

\_\_\_\_\_ Week 4 - A Right Relationship with God: What the Bible Says (Part 2)

\_\_\_\_\_ Week 5 - A Healthy Relationship with Our Self: What the Bible Says

\_\_\_\_\_ Week 6 - Caring for Our Body: What Medical Research Says

\_\_\_\_\_ Week 7 - Living in Loving Relationships with Others: What the Bible Says (Part 1)

\_\_\_\_\_ Week 8 - Living in Loving Relationships with Others: What the Bible Says (Part 2)

**PART 3 PUTTING IT TOGETHER**

\_\_\_\_\_ Week 9 - Healthy Relationships and Our Life Purpose. Your Personal Growth Plan

\_\_\_\_\_ Week 10 - Celebrating Successes and Overcoming Obstacles. Looking Down the Road